

What is NF?

Neurofibromatosis (NF) is the term for three distinct genetic disorders: NF1, NF2, and Schwannomatosis. All forms of NF can occur spontaneously from a genetic mutation, or be inherited. A parent with NF has a 50% chance of passing the disorder on to their children.

The most common form, **NF1** (1:4,000 births), has a wide range of severity, ranging from café au lait spots, bone abnormalities, multiple skin fibromas, disfigurement, and brain and spinal tumors. The majority of diagnoses of NF1 are made in early childhood.

NF2 is a rarer form of the disorder (1:40,000 births). NF2 is distinguished by multiple brain and spinal tumors commonly causing deafness, severe balance problems, facial nerve paralysis, spinal cord compression, and loss of mobility. Also, optic nerve tumors, cataracts, and eye function complications may cause blindness.

Schwannomatosis is a newly recognized form of NF, and is recognized by benign tumors of the myelin sheath that covers nerves throughout the body. Pain, often excruciating and sometimes disabling in intensity is a primary symptom.

NF affects both sexes and all races and ethnic groups equally. While the effects of NF predominately begin in childhood, it is a lifelong disorder.

The Children's Tumor Foundation is the leading non-profit organization dedicated to finding a cure and treatments for NF. The Foundation spends over 75% of all funds raised on research, medical programs, public education and support services.

The NF Marathon Team is a program organized for the purpose of supporting NF research and services. Volunteers on the NF Marathon Team participate in organized marathons all over the United States to increase public awareness of neurofibromatosis and to raise money to find a cure. The NF Marathon Team offers runners an outstanding opportunity to enjoy running in major marathons while raising money for a worthy and important cause.

Annual Marathon Events

The following marathons are some of our most popular events; many more dates and locations are also available. Contact the NF Marathon Team Director or Coordinator for more information.

- January:
 - Disney Marathon (Orlando, FL)**
 - Rock N' Roll Marathon (Phoenix, AZ)**
- February:
 - Myrtle Beach Marathon (Myrtle Beach, SC)**
- March:
 - Los Angeles Marathon (Los Angeles, CA)**
- April:
 - Country Music Marathon (Nashville, TN)**
- June:
 - Rock N' Roll Marathon (San Diego, CA)**
 - Mayor's Midnight Sun Marathon (Anchorage, AK)**
- September:
 - Rock N' Roll Half-Marathon (Virginia Beach, VA)**
- October:
 - Chicago Marathon (Chicago, IL)**
 - Long Beach Marathon (Long Beach, CA)**
 - Marine Corps Marathon (Washington, DC)**
- November:
 - New York Marathon (New York, NY)***
- December:
 - Las Vegas Marathon (Las Vegas, NV)**

*New York Marathon participants must enter and win the event's entrance lottery to be eligible to participate. Upon acceptance, entry fees will be reimbursed by CTF.



95 Pine Street, 16th Floor • New York, NY 10005
Phone: 800.323.7938, x 251 • Fax: 212.747.0004
E-mail: nfmarathon@ctf.org • Website: www.ctf.org/marathon

You could be here!



Yes! I'm interested in joining the NF Marathon Team!
Please send me information about the team.

Name _____

Address _____

City/State/ZIP _____

Phone _____ E-mail _____

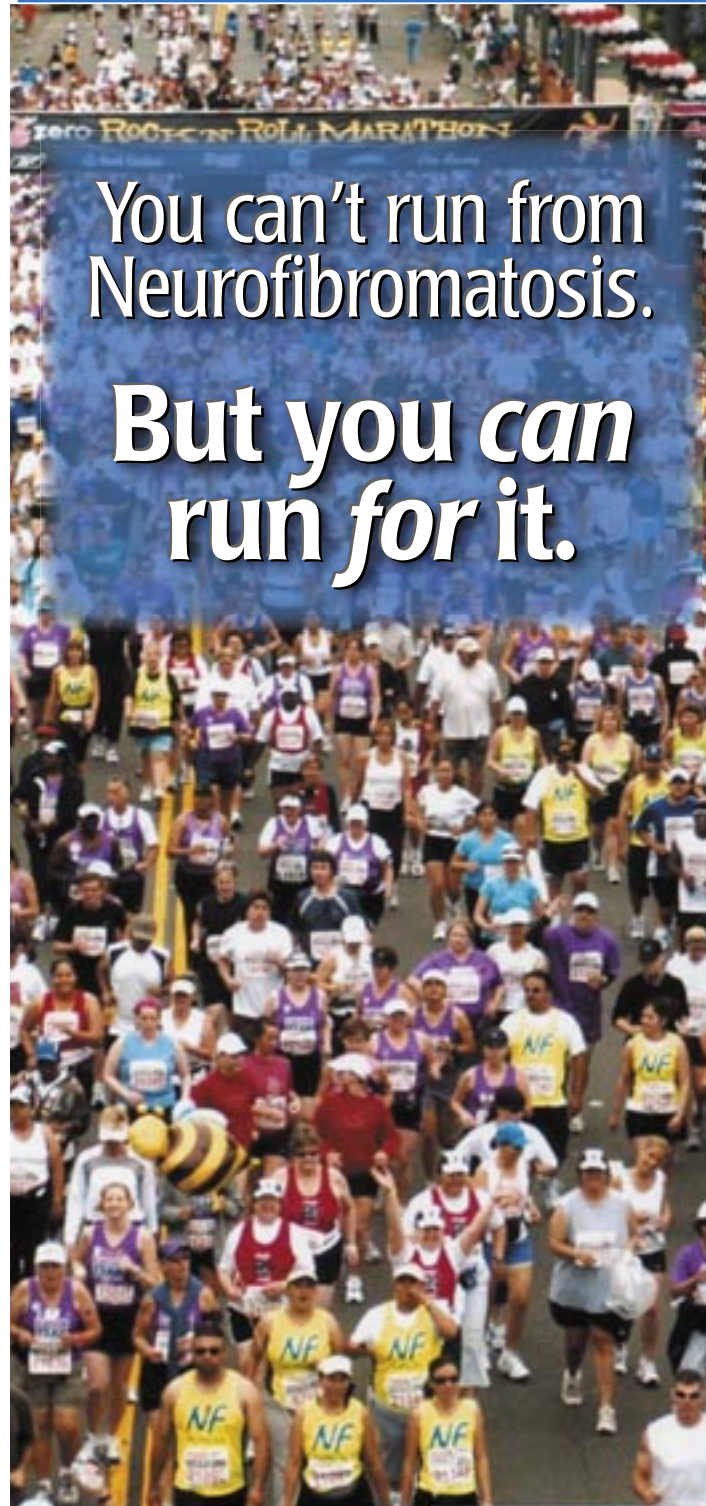
Mail to: Children's Tumor Foundation • Attn: NF Marathon Team
95 Pine Street, 16th Floor • New York, NY 10005

Or visit www.ctf.org/marathon, or send an email requesting information to nfmarathon@ctf.org

Marathon group photos courtesy of Action Sports International - www.asorders.com • Individual photos courtesy of brightroom.com • Copywriting, design, and production by Rick Rickards - rickrickards.com

Join Our National Marathon Team

You can't run from
Neurofibromatosis.
But you *can*
run for it.



NF Marathon Team

racing for research

We need runners, walkers, and support volunteers.

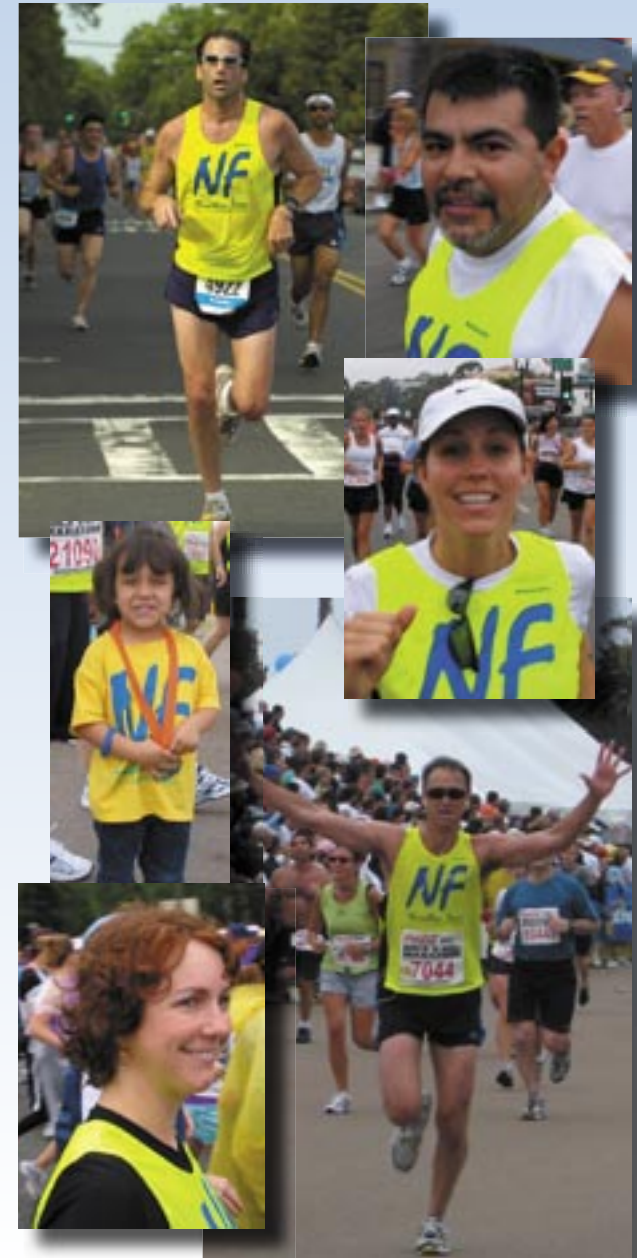
Neurofibromatosis (NF) is a debilitating genetic disorder that causes tumors to grow randomly throughout the body on nerve sheaths. NF occurs in more than one in 4,000 births – more than Cystic Fibrosis, Duchenne Muscular Dystrophy, and Huntington's Disease **combined**, and many of those who struggle with NF are children.

Fortunately, there's now a way you can help alleviate the suffering...simply by running or walking in a marathon to help raise money for NF research and services.

Here's how it works: First, you select a marathon. Then you ask for donation commitments from friends, neighbors, family members, and co-workers. And don't worry...it's not as difficult as you think. In fact, we'll give you the tools you'll need and train you how to do it. Then, when you meet your donation goal, we'll pay for your hotel, airfare, marathon entry fee, and more.

Mile by mile, step by step, you'll be enabling the life-saving mission of the Children's Tumor Foundation, while meeting new friends and experiencing a weekend you'll remember the rest of your life.

Find out how you can help defeat NF by running a marathon with us. Details are available on our website at www.cf.org/marathon, or you can e-mail the Marathon Program Director or Coordinator at nfmarathon@cf.org.



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Ending Neurofibromatosis Through Research

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