Working Together: Parent-Teacher Communication

Parents and teachers need to work together to meet their common goal of making a child’s education successful. It is important that teachers and parents understand how to support one another to meet this goal.

Parents need teachers to

- explain their expectations and assignments clearly
- monitor each child’s daily performance
- provide feedback
- be sensitive and responsive to a child’s struggles with homework
- be flexible in addressing the accommodations or modifications a child may need

Teachers need parents to

- share responsibility in the education of their child
- understand the teacher’s responsibility to all students in the class
- keep in mind what is reasonable when making requests
- instruct their child to respect and follow the rules of the school and classroom
- communicate closely and openly with the teacher
- ensure that their child is coming to school prepared with books, materials, and homework
- cooperate in reinforcing appropriate behavior and work production goals
- treat the teacher with courtesy and respect

Please visit ctf.org/education to download or request the NF1 Guide for Educators brochure to share with your child’s school.
Twelve Steps to Successful Homework Completion

One way in which you can help your child receive the best educational experience possible is to support his or her education at home.

Here are 12 steps to successful homework completion:

At school, the student

1. realizes an assignment is being given
2. writes down assignments
3. understands assignments
4. checks to see what to bring home at the end of the school day
5. brings home the assignments and necessary materials and textbooks

At home, the student

6. begins the homework
7. completes the homework
8. checks the homework for accuracy
9. puts the completed homework in a notebook

When the student returns to school, he or she must

10. take the homework back to school
11. keep track of it until the proper class
12. turn it in
What Is the Homework Policy at Your Child’s School?

To enable your child’s success, ask questions to find out more about the homework policy at your child’s school.

- What are the guidelines or homework policies for your school or school district?
- What are the teacher’s expectations concerning homework?
- Is homework given every day?
- How much time should your child spend on homework each night?
- Does your school have programs to help students who are having trouble with homework?
- Are homework assignments available on the Internet?

Understanding the Purpose of Homework

For younger children, homework provides students with an opportunity to develop independent work skills. For older children, homework reinforces learning and helps your child master specific skills.
What Is the Parent’s Role in the Homework Process?

It’s normal for parents to have feelings of anxiety, guilt, and worry that make them feel responsible for the completion of their child’s homework. However, your role in the completion of homework is supportive. If parents are too active in the homework process and take on the role of remembering and reminding their children of their assignments, the child may become dependent. He or she may even rely on parents to “rescue” their homework. A cycle of dependency can be created as school pressures and fears of failure mount. Parents may eventually feel burdened and resentful. For children to develop independent work skills, it’s critical to avoid or break the cycle of dependency. Here are a few tips to help you provide the structure at home needed to facilitate the homework process.

Establish a homework routine.

- Agree on which days of the week will be set aside for homework
- Determine how long your child will work on his or her homework
- Set up a designated space where your child will do his or her homework
- Organize materials
- Allow for “brain breaks”
- Ensure your child understands his or her responsibilities
- Understand your responsibilities (that is, monitor the homework process)
Create a homework space and include the following items:

- Mirror
- Timer
- Homework log sheet
- Fiddle toy
- Laminated list of homework buddies
- School classroom rules/procedures
- Backpack hook

Provide incentives to encourage homework skills.

- Use a token program to motivate your child to work on his or her homework
- Token charts (such as a dot-to-dot picture) may be used to track your child’s daily progress
- Incentives for teens can include computer time, friend time, video games, or TV privileges
- Incentives can be tied into the plan by using earned allowance

Monitor the homework process.

- Monitoring is important to preventing potential lapses in the process
- The extent of monitoring will depend on the child’s homework capabilities and the current homework expectations
Your child’s role in the completion of homework is active, and he or she must accept the responsibility for completing the task. A school-to-home tracker like the one featured below may help your child to adequately prepare for homework while at school and successfully complete homework when at home.

Week of: _________________ Student’s name: _________________

**Before I leave school each day, I will check to make sure I have done the following:**

<table>
<thead>
<tr>
<th></th>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thurs</th>
<th>Fri</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1.</strong> Written down every assignment in my assignment book</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>2.</strong> Collected and packed my books</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>3.</strong> Gathered and packed all the materials I need to do my assignments</td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>4.</strong> Collected all notes needed to be seen by my parents</td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>5.</strong> Gathered and packed all my folders and notebooks</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Before I leave home in the morning, I will check to make sure I have the following:**

<table>
<thead>
<tr>
<th></th>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thurs</th>
<th>Fri</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1.</strong> All of my completed assignments</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>2.</strong> All books I need</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>3.</strong> All materials I need for school</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>4.</strong> All signed notes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Teaching your child to record assignments on an assignment calendar worksheet may also help in the homework process.

For long-term assignments, have your child note the following on the calendar:

| The date work is assigned | The date it is due | The times that he or she is going to work on the assignment |

How Much Is Too Much?

If the homework is a frequent cause of battles, tears, and frustration in your home, seek help! Let your child’s teacher know your child’s frustration tolerance in the evening. Request modifications and adjustments in his or her assignments.
What Your Child Should Know About Schoolwork

Ensure that your child understands that although neurofibromatosis is not an excuse for not doing schoolwork, it may be a reason for doing things differently. Completing homework is his or her responsibility, and it is important that homework comes first and fun comes later. Remind your child to use learning strategies and skills that have helped to make homework easier.

Above all, encourage your child the effort itself is what counts!
For Parents

School-to-Home Communication Daily Checklist

Keep this checklist in a place where you will see it every day, such as on your refrigerator or pinned to your family’s calendar. This checklist will help you stay connected to your child’s tasks, needs, and events in school.

☐ Check my child’s schoolbag daily for any items that the school or teacher has sent home

☐ Read and refer to school district materials, such as back-to-school packets and core curriculum standards

☐ Make note of my child’s big assignment due dates

☐ Mark special events on my calendar, such as library days, gym days, and field trips

☐ Read weekly or monthly letters from the teacher

☐ Use school-to-home trackers
activity to share with your child
Today in school, Sparx has received a homework assignment, but he has forgotten all of the steps he needs to take to complete it. Help Sparx by cutting out all of the steps below and putting them in the correct order.

<table>
<thead>
<tr>
<th>Step</th>
<th>Step</th>
<th>Step</th>
</tr>
</thead>
<tbody>
<tr>
<td>Keep track of my completed assignment until I’m in the right class</td>
<td>Check my assignment to make sure I’ve completed it and that it’s accurate</td>
<td>Write down my assignment, when it’s due, and what class it’s for</td>
</tr>
<tr>
<td>Make sure to bring my completed assignment back to school</td>
<td>Finish my assignment</td>
<td>Realize that an assignment is being given to me</td>
</tr>
<tr>
<td>Give my completed assignment to the teacher</td>
<td>Put my completed assignment in a safe place, such as in a notebook</td>
<td>Bring home my assignment and any materials I need to work on it</td>
</tr>
<tr>
<td>Make a list of everything I need to bring home at the end of the school day so that I can work on my assignment</td>
<td>Start my assignment</td>
<td>Make sure I understand my assignment and ask any questions I have about it</td>
</tr>
</tbody>
</table>

The answer key to this puzzle is on the next page.
Realize that an assignment is being given to me

Write down my assignment, when it’s due, and what class it’s for

Make sure I understand my assignment and ask any questions I have about it

Make a list of everything I need to bring home at the end of the school day so that I can work on my assignment

Bring home my assignment and any materials I need to work on it

Start my assignment

Finish my assignment

Check my assignment to make sure I’ve completed it and that it’s accurate

Put my completed assignment in a safe place, like in a notebook

Make sure to bring my completed assignment back to school

Keep track of my completed assignment until I’m in the right class

Give my completed assignment to the teacher