

"I was born with a spot on the map of my body. We thought it was a birthmark. Mama called it a mark of love."

Café Au Lait

A Story of NF1 and My Special Spots

A new book for children from the
Children's Tumor Foundation

Written and Illustrated by
Jessica M. Boehman

In Café Au Lait, young Enzo goes on a journey to discover the meaning of his special spots. He uses the map on his skin to help him understand another map – the nerves inside his body. We learn along with Enzo that he lives with a condition called neurofibromatosis type 1, or NF1, that causes tumors to grow on nerves. Because NF1 is most often diagnosed in childhood, this book is meant to inspire conversation and understanding for children living with NF1 and their classmates, friends, and families.

Available now at ctf.org/store



Children's Tumor Foundation

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